

Ferndale Primary & Nursery School



PE Yearly Plan 2018 - 2019

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
FS2	Fitness	Gymnastics	Football (concentrating on basic ball skills and control)	Ball skills	Team games – building on ball skills learnt and understanding of a team game and rules	Athletics (preparation for Sports Day) Sports Week – variety of taster sessions in different sports
Year 1	Fitness	Gymnastics	Football (concentrating on basic ball skills and control)	Ball skills	Team games – building on ball skills learnt and understanding of a team game and rules	Athletics (preparation for Sports Day) Sports Week – variety of taster sessions in different sports
Year 2	Fitness	Gymnastics	Football (concentrating on basic ball skills) Swimming	Dodge ball	Team games – building on ball skills learnt and understanding of a team game and rules	Athletics (preparation for Sports Day) Sports Week – variety of taster sessions in different sports
Year 3	Fitness and Cross Country Swimming	Gymnastics Swimming	Football Swimming	Basketball and Dodge ball Swimming	Tri golf and hockey Swimming	Athletics and Cricket/Rounders Sports Week – variety of taster sessions in different sports Swimming
Year 4	Fitness and Cross Country	Gymnastics	Football	Basketball and Dodge ball	Tri golf and hockey	Athletics and Cricket/Rounders Sports Week – variety of taster sessions in different sports
Year 5	Fitness and Cross Country	Gymnastics	Football	Basketball and Dodge ball	Tri golf and hockey	Athletics and Cricket/Rounders Sports Week – variety of taster sessions in different sports
Year 6	Fitness and Cross Country	Gymnastics	Football	Basketball and Dodge ball	Tri golf and hockey Top up swimming	Athletics and Cricket/Rounders Sports Week – variety of taster sessions in different sports Top up swimming

All classes take part in their daily 10 minute run