

PHSE	Developing confidence and responsibility and making the most of abilities	Preparing to play an active role as citizens	Developing a healthy, safer lifestyle	Developing good relationships and respecting the differences between people.
KS1	Can recognise likes, dislikes, right, wrong, fair and unfair. To recognise, name and deal with feelings in a positive way. How to set simple goals.	Can take part in discussions with another person and the whole class. Can follow rules for their group and class and understand how rules help. Can contribute to the life of class and school.	Knows simple routines for basic personal hygiene. Can name the main parts of the body. To know the rules for and ways of keeping safe including basic road safety and about people who can help them stay safe.	Can listen to other people and play and work co-operatively. Knows that family and friends should care for each other.
KS1	Can share opinions on things that matter to them and explain their views. To think about themselves, learn from their experiences and recognise what they are good at.	Can take part in a simple debate about topical issues. Can recognise the choices made can be right or wrong. To know they belong to various groups such as family and school. To know that the environment needs protecting. To understand that money is used for resources.	Can make simple choices that improve their health and well-being. To know how some diseases are spread and how they can be controlled. To begin to understand that some household products including medicines can be harmful if not used properly.	Can recognise how their behaviour affects other people. Can identify and respect the differences and similarities between people. Knows that there are different types of teasing and bullying, that bullying is wrong and how to get help to deal with bullying.
KS2	Can recognise their worth as individuals. Can identify positive things about themselves and their achievements seeing their mistakes, making amends and setting personal goals. To know about the range of jobs carried out by people and understand the skills needed.	Can research, discuss and debate topical issues at a local level. Knows why and how rules are made and enforced and why rules are needed in different situations. Knows there are different rights and responsibilities and duties at home, in school and in the community.	Knows what makes a healthy lifestyle including the benefits of exercise, healthy eating, what affects mental health and how to make informed choices. Knows that bacteria and viruses can affect health and following simple and safe routines can reduce their spread. Road safety.	Knows their actions affect themselves and others. Can show care for others feelings and try to see things from their point of view. Is aware of different types of relationships, including marriage and those between friends, and to develop the skills to be in effective relationships.

<p>KS2</p>	<p>To recognise, as they approach puberty, how people's emotions change at that time and how to deal with their feelings towards themselves, their family and others in a positive way. To face new challenges positively by collecting information and looking for help.</p>	<p>Can research, discuss and debate topical issues at a national level. Knows that some rights, responsibilities and duties can cause conflict. To realise the consequence of anti-social behaviour including racism and bullying. Recognises the role of voluntary and pressure groups.</p>	<p>Knows how the body changes approaching puberty. Can judge what level of physical contact is unacceptable. Knows basic health and safety rules and where to get help. Which commonly available substances and drugs are legal and illegal.</p>	<p>Can think about the lives of people living in other places and at other times and of people with different values and customs. Can realise the nature and consequences of racism, teasing, bullying and aggressive behaviours and how to respond to them and to ask for help. To recognise and challenge stereotypes.</p>
<p>KS2</p>	<p>Can look after their money and realise that future wants and needs may be met through saving. To develop own skills to make their contribution in the future. To face new challenges by making responsible choices and taking action.</p>	<p>Can research, discuss and debate topical issues at an international level. Can reflect on spiritual, moral, social and cultural issues using imagination to understand points of view. Knows what democracy is and the institutions that support it locally and nationally. Knows resources can be allocated in different ways and can effect individuals and communities.</p>	<p>Knows that pressure to act, behave or respond in an inappropriate way comes from a variety of sources including people that they know and sometimes people in authority in whom they place their trust. To understand that telling the truth is a way of protecting themselves. First aid.</p>	<p>Knows that the differences and similarities between people arise from factors including cultural, ethnic, racial and religious diversity, gender and disability. Knows where individuals, families and groups can get help and support.</p>