

RE- Kindness

What is kindness? How does it feel when someone is kind to you? How do you feel when you are kind?

Kind people think about another person's feelings, they help someone who is in need, and they are kind even when others are not.

Can you think of some ways you might have been kind? Talk to someone with you about this.

Do you remember the story 'Have you filled a Bucket Today?' You have an invisible bucket around with you that fills up when you are kind or when someone else is kind to you. You can listen to the story again by following the link : <https://www.youtube.com/watch?v=0Q9-98pRogM>

Activity 1

Have a look at the pictures below. Talk about what is happening in each and whether it is bucket filler moment or a bucket dipper moment.



Your Mums and Dads are working so hard at the moment, helping you with all your home learning. Do you think you can fill your bucket with kindness by doing kind deeds at home to help Mum and Dad? Draw/make a bucket (or find a container to use as your bucket). Now draw some star shapes or shape of your choice and write (or draw picture) a good deed you could do to help your mum or dad. When you have completed this good deed place it into your bucket. Let's see how full your buckets can get 😊. These little acts of kindness could be as simple as tidying up your room, listening to instructions.

Bucket Filler Ideas:

