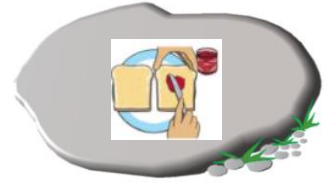
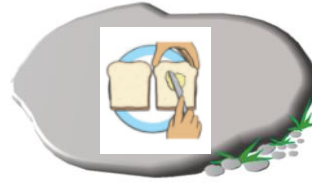
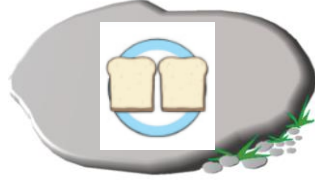


PSHCE – Dreams and Goals: Steps to goals.

Let's have a look at the following stepping stones. What can you see on each stone? These are instructions for how to make a jam sandwich one step at a time.



Your goal today is to make a jam sandwich/or filling of your choice. You need to follow each step in the correct order in order to reach your 'Goal', which is a finished jam sandwich to enjoy and eat. A sandwich does not suddenly appear, but has to be made, and making it is a step by step process. Use your fingers to pretend that they are feet and walk along each stepping stone above to show that you will follow each step in order.

Activity 1

Say each step out loud so that you are clear about the order in which to make the sandwich. You could even write the steps down.

Now give instructions of each of the steps to an adult and see if they follow your steps correctly.

We often learn by **listening**, **watching** or **doing** and sometimes a mixture of all three.

Activity 2

Can you think of a time you learnt something by listening.

Can you think of a time you learnt something by watching.

Can you think of a time you learnt something by doing.

Write your answers down or talk to an adult about these.

Now can you make a **block tower** or a dog out of **play-dough**? What steps did you take to reach the end goal? Draw some stepping stones and the pictures representing each step you took to make it.

We all need to take lots of small steps to reach a **BIG GOAL**! These small steps help to build up our learning along the way. Remember to always persevere and never give up, the more small steps you take the closer you get to the end goal.

