

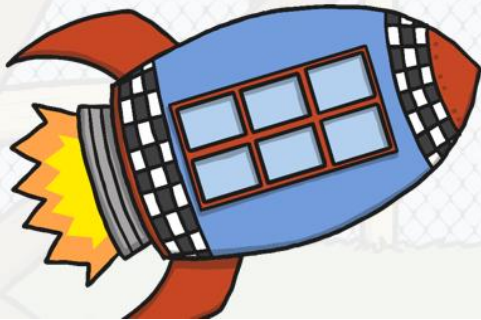
Basic Needs



Imagine that you have been chosen to lead a mission into space.

You are going to be all alone for two weeks, while you rocket towards the Moon.
What do you need to take with you to keep yourself happy and healthy?

Think of three things that you would like to take.



1...

2...

3...

Do you need these things to keep you alive?

Basic Needs

There are many things that humans like to have to make their lives more enjoyable or more comfortable. But there are only a few things that we really need. Do you know what they are?



Food



Air



Water

Basic Needs

For humans and most animals, shelter is very important too.

This keeps us safe from predators, gives us a place to rest and have young, and protects us from the getting wet, too hot or too cold.



For today's activity, we would like you to build a shelter outside for either a teddy or yourself! You could do this in your garden or in a local wood/park. Collect twigs and branches to create the shelter. See the pictures below for some ideas.



When you have finished the shelter, make sure you cater for you or your teddy's basic needs! You have a shelter and oxygen but what else do you or your teddy need?

That's right... food and water!


Get yourself or your teddy some food and water to enjoy in the shelter!

Challenge - How do different animals meet their basic needs?


Read below to find out or research it for yourself!

Basic Needs

Air
Mammals, reptiles and birds breathe air through their nose or mouth into their lungs.



Fish and other sea creatures breathe under water through special organs called gills.



Basic Needs

Water
Creatures that live on the land get water by drinking, and from the food that they eat.



Animals that live in water take in water by drinking, through their skin and from their food.

