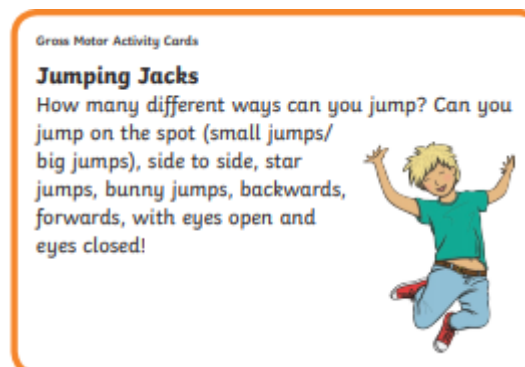
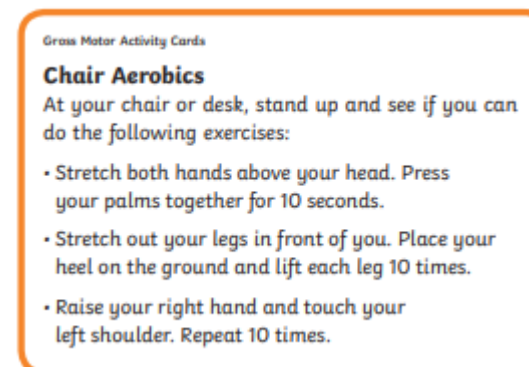
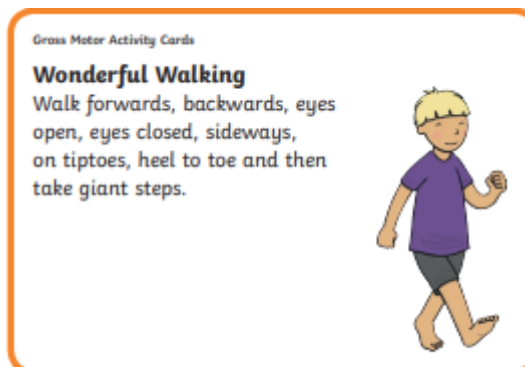
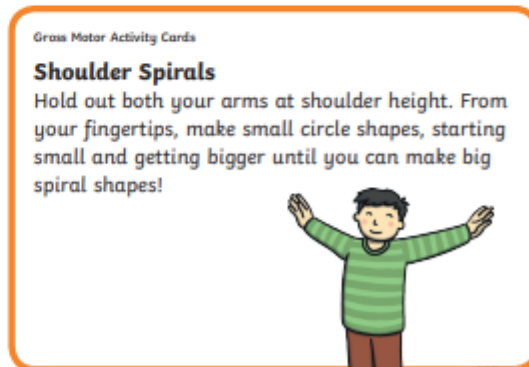
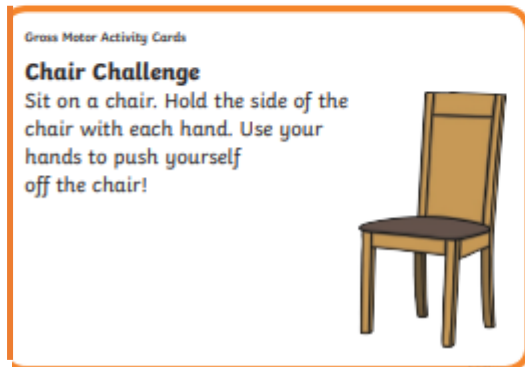
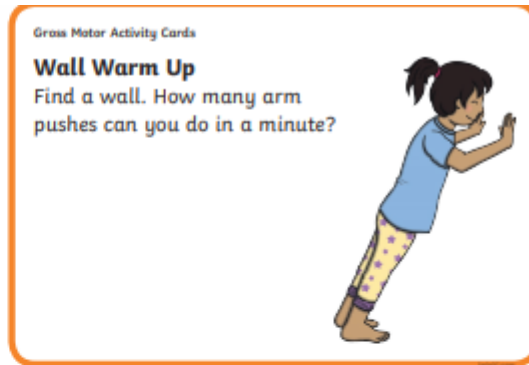


Year 1 Week 2 P.E.

Try these activities at home to keep you active. Make sure you warm up your body and be careful of the furniture around you.



Make sure you have space to exercise but most importantly of all, if you can go outside to play, then do it! Have fresh air and a run - fabulous!