

## **Ferndale Primary and Nursery School**

### PSHE: Year 2

Term 1 Being Me In My World		Term 3 Dreams and Goals	Term 4 Healthy Me		Term 5 Relationships	Term 6 Changing Me
Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	stereotypes about genderFUnderstanding bullyingLStanding up for self andLothersCMaking new friendsC	Achieving realistic goalsMotivationPerseveranceHealthier choicesLearning strengthsRelaxationLearning with othersHealthy eating and nutritionGroup co-operationHealthier snacks and sharingContributing to and sharingfoodsuccessSuccess			Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Language Enrichment	First Hand Experiences	Purpose/Life skills		Previous Kn	owledge	
Worries, hopes, fears, responsibilities, respect, rights, belonging, praise,	Learning skills for problem solvin and using/applying to real life experiences.	Application and complexity lesson content to oth or scenarios	arison of the er situations Rights and responsibilities Rewards and feeling proud			
reward, consequence,	Managing behaviours in real life	beyond simple recall	ntal processing of information Consequence			
choices, cooperate, problem-solving,	context on the playground. beyond simple Some decision					
assumptions,	Friendships				ing bullying and	
stereotypes,					w to deal with it	
similarities,		reasoning	reasoning Making new		/ friends	
differences, special,		The ability to categor	ise/ group,	Celebrating	the differences	



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bully, stand up for,					
diversity, fairness,					
kindness, proud,					
success, achievement,					
strengths, difficult,					
persevere, challenge,					
team-work, problem					
solve, healthy choices,					
motivation,					
medicines, safe,					
balanced diet, portion,					
energy, fuel,					
nutritious, family,					
relationship, physical					
contact, touch, secret,					
trust, honesty,					
reliability,					
compliments, change,					
grow, adult,					
appearance,					
independent,					
timeline, freedom,					
vagina, penis,					
testicles, private,					
Continual					
open/leading					

questioning

connect and identify patterns	in everyone
A degree of organisation in thought	Setting goals
processes	Identifying successes and
Inference and interpretation	achievements
The ability to predict	Learning styles
A degree of personal resonance	Working well and celebrating
with the lesson content: can apply	achievement with a partner
it to their lives and provide	Tackling new challenges
examples of this	Identifying and overcoming
An increase in knowledge	obstacles
An increase in understanding	Feelings of success
A change of a feeling based on new	Keeping myself healthy
learning	Healthier lifestyle choices
A richer vocabulary	Keeping clean
An increase in a skill and	Being safe
confidence	Medicine safety/safety with
	household items
	Road safety
	Linking health and happiness
	Belonging to a family
	Making friends/being a good friend
	Physical contact preferences
	People who help us
	Qualities as a friend and person
	Self-acknowledgement
	Being a good friend to myself
	Celebrating special relationships
	Life cycles – animal and human



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throughout lessons to ensure children understand the topical vocabulary taught. Explore new vocabulary with children throughout lessons. Recap vocabulary at the start of each lesson.			Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
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