



# Ferndale Primary and Nursery School

## PSHE: Year 6

Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation, including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition
Language Enrichment	First Hand Experiences	Purpose		Previous Knowledge	
Class discussions every lesson Teacher modelling of relevant vocabulary Role play of scenarios Moral dilemma discussions Reflection on discussions and self-evaluation	Junior Good Citizen (June) First Aid skills – Survival Day E- safety day Anti-bullying week School Council House points system School Prefects Residential Trip/enrichment day	To develop citizenship.  To develop an understanding of self and respect for others.  To be able to communicate feelings and opinions.		Planning the forthcoming year Being a citizen Rights and responsibilities Rewards and consequences How behaviour affects groups Democracy, having a voice, Participating Cultural differences and how they can cause conflict Racism Rumours and name-calling Types of bullying	



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Connect me games			<p>Material wealth and happiness</p> <p>Enjoying and respecting other cultures</p> <p>Future dreams</p> <p>The importance of money</p> <p>Jobs and careers</p> <p>Dream job and how to get there</p> <p>Goals in different cultures</p> <p>Supporting others (charity)</p> <p>Motivation</p> <p>Smoking, including vaping</p> <p>Alcohol</p> <p>Alcohol and anti-social behaviour</p> <p>Emergency aid</p> <p>Body image</p> <p>Relationships with food</p> <p>Healthy choices</p> <p>Motivation and behaviour</p> <p>Self-recognition and self-worth</p> <p>Building self-esteem</p> <p>Safer online communities</p> <p>Rights and responsibilities online</p> <p>Online gaming and gambling</p> <p>Reducing screen time</p> <p>Dangers of online grooming</p> <p>SMARRT internet safety rules</p> <p>Self- and body image</p> <p>Influence of online and media on body image</p> <p>Puberty for girls</p> <p>Puberty for boys</p>
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			Conception (including IVF) Growing responsibility Coping with change Preparing for transition
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