## Happy Homes 4 Week

25<sup>th</sup> April and 2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> May.

A welcoming, fun and supportive group to help you achieve more harmony at home with easy to use ideas!

We will cover areas including how to manage tricky behaviours, introducing consistent boundaries and family rules, using positive discipline plus reducing conflict and parental stress.

Thursdays- 5:30-7:30pm Colebrook Infants School, Towcester Road, SN3 4AS

Run by Gayle and Becky from Lighthouse. Parents from all Blue Kite Trust Schools are welcome. A maximum of 12 spaces so please contact to book a place to avoid disappointment.

If you would like to attend please contact us on gwollen@bluekitetrust.org or bbradley@bluekitetrust.org