

If you are bullied:-

DO:-

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Tell someone at home.
- Tell an adult in school.
- Walk away.
- Use the worry box or check in system in your classroom if you are too worried to speak openly about it.
- Talk to one of the Buddies.
- TELL SOMEONE.

DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think its your fault.
- Hide it.

What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying behaviour.
- Let an adult know as soon as possible.
- Tell the person using bullying behaviour to stop if it is safe to do so.
- Don't stay silent or the bullying might keep happening.



The Head, the Governors, the staff and the Anti-bullying Team will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying behaviour is allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

Ferndale Primary & Nursery School



Child Friendly Anti-Bullying Policy

Respect Responsibility Simplicity
Caring Thoughtfulness Tolerance
Trust Understanding Hope
Honesty Co-operation
Appreciation Courage

What is bullying behaviour?

In our school bully behaviour is when someone hurts someone more than once, by using behaviour which is meant to hurt, frighten or upset another person.

Bullying behaviour can be.....

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing.

Verbal: Being teased, name calling.

Racist: Graffiti, calling you racist names.

Cyber: saying unkind things by text, e-mail, social media and msn messenger.



When is it bullying behaviour?

Several

Times

On

Purpose

We promise to always listen and treat bullying behaviour seriously.

Who can I tell?

Tell someone

A Friend

Someone at home

Teachers

School Buddies

Lunch time Staff

Any Other Adult

MOST IMPORTANTLY:-

If you are being bullied:

Start Telling Other People!