

SMART rules for Children

Safe - Don't give out personal information

Meeting - Virtual friends are really only strangers

Accept - Don't accept contacts from people you don't know

Reliable - Not all websites are reliable - don't believe everything you see

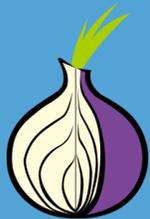
Tell - If you feel worried about anything then talk to an adult

Do your children have online friends?

Do you know who they are? If they chat online it is much safer if they are in the living room not their bedroom. Who are their friends on Instagram, Skype and Snapchat? (If allowed)



Turn on Google Safe Search



Cybercrime

Watch out for unusual software
TOR is used to access the "Dark Net"



Check Privacy Settings so your child is not inadvertently sharing pictures or their location!
Watch out for **in-app purchases**

Images and Video

Remind your children to think very carefully about any pictures they put on sites, or any video they share. Make sure that they only share pictures of other people with permission.

Tablets and Phones

Set up parental controls on tablets, both to help control content and to help manage spending money on both apps and in-app purchases. **Set a password** so data is safe if lost or stolen.

Digital Footprint

Consider your child's digital footprint. Photo's and comments made today may well be with them in their old age!

New Games Consoles

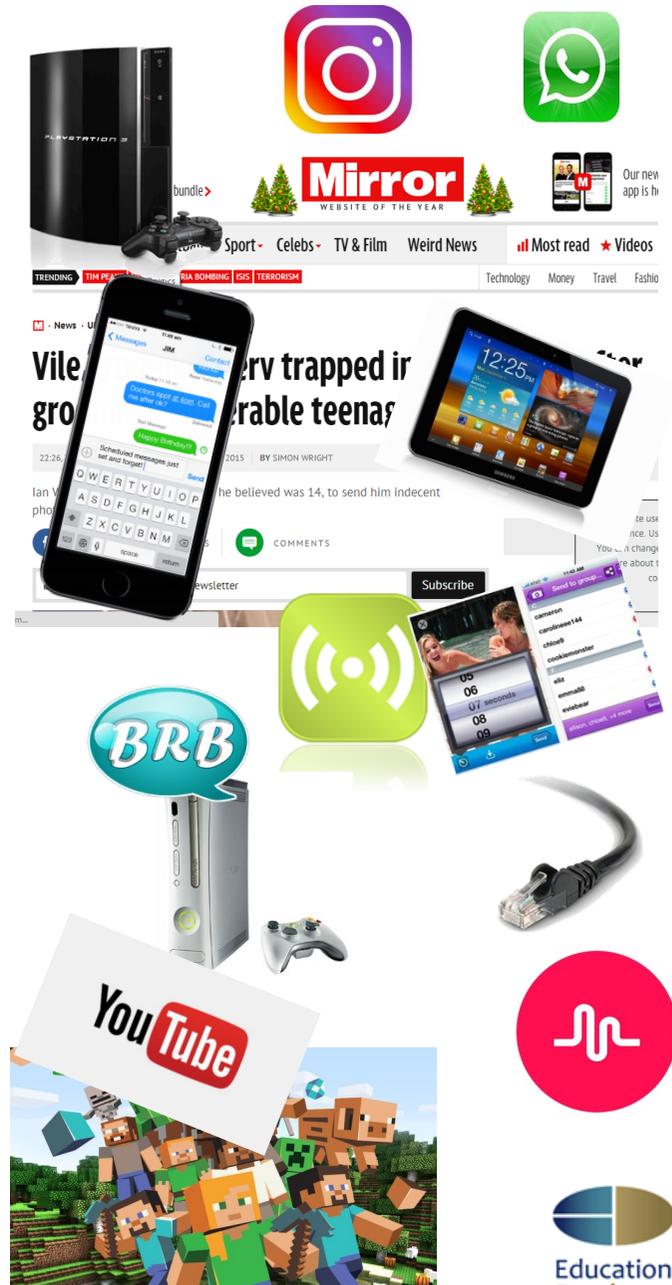
It is a good idea to set them up and set the parental controls before the children use them!

YouTube

Turn on Safety in Youtube

Safety: Off

Online Safety



Examples of e-Safety Resources for use by Parents with Learners

Target Audience	Created by/ Hosted by	Website	Resource	Commentary	Cost
Parents	UK Broadband Suppliers	www.internetmatters.org	Advice including setting parental controls	How to set up all devices safely	Free
Mainly Parents	CEOP	www.thinkuknow.co.uk/parents/	Guidance for parents/carers	Information and guidance for parents .	Free
Parents	NSPCC	www.nspcc.org.uk/ShareAware www.net-aware.org.uk/	NSPCC guidance on sharing and apps	Guides for parents on new apps and sharing of pictures.	Free
Parents	Common Sense Media	www.commonsensemedia.org	Online safety reviews for apps and films	American site which reviews the safety and suitability of a wide range of apps, games and films	Free

How can I keep my child safe online?

Younger children

Older children / teens →

Ensure that tablets are used safely— **parental controls** can be set on tablets, Smartphones and games consoles.

Check all apps downloaded for suitability, privacy and in app purchases!

Do not allow children to **share photos** or **video** unless supervised.

Talk to your children about the risks of “Digital Dares”. If your child has accounts or channels check the content and likes!

Whatever sites or services your child wants to join make sure you check out and **join yourself** if need be. Always use a **family email address** or your own email address when subscribing.

Keep an eye on you child’s **online diet** as you would their TV diet!

Help your child choose a **nickname** to use online. Explain that we don’t give out our real name online.

Turn on **Google safe search** and **safety mode** on **Youtube**.

Ask your child to use **devices** in **public areas** of the house.

Check **apps** on Tablets or Phones—particularly ones that can be used to share photos (Snapchat or Instagram) for Privacy Settings.

Keep **communicating** and ask about their online life as well as their real one. Talk to them about their **‘digital footprint’**

Ask your child not to click on pop-ups and adverts as well as messages from people they don’t know.

Ask your **ISP** if they can provide a **filtered service** suitable for children.

Help them choose **passwords** and treat them like a toothbrush **not shared!**

Check the **history** and **favourites** on a regular basis. Let your child know that you will be doing this.

Play alongside your child and **‘friend’** them in any social networking sites they use.

Go through the **Privacy Settings** with child to ensure that they are only open to friends.